



**Pequeños Gigantes Adult Day Care**  
**16 NW 26 Avenue, Miami, FL 33125**  
**Phone: (786) 558 7888 Fax: (786) 762 2970**  
**E Fax (305) 675 2299**

**PARTIPANT'S HEALTH ASSESSMENTS**

**Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Know Allergies:** \_\_\_\_\_

**Height:** \_\_\_\_\_ **Weight:** \_\_\_\_\_

**Medical history and diagnosis:** \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

**Cognitive or behavioral Status:** \_\_\_\_\_

\_\_\_\_\_

**Any contagious disease (s) : Yes** \_\_\_\_\_ **No** \_\_\_\_\_

**Date of X-ray:** \_\_\_\_\_ **or Date Tuberculin Test given:** \_\_\_\_\_

**Result of Chest X-ray:** \_\_\_\_\_ **or Result TB test:** \_\_\_\_\_

**(Free from tuberculosis and other communicable diseases)**

**Is a participant able to self-administer the medication while at the Adult Day Care? Yes** \_\_\_\_\_ **or No** \_\_\_\_\_

**Does the participant have any psychiatric history?**

**Yes** \_\_\_\_\_ **or No** \_\_\_\_\_ **If yes please comment:** \_\_\_\_\_

**Should the participant be restricted for medical reasons, from performing any activities at the Day Care (walking, exercises, etc.)**

**Yes \_\_\_\_\_ or No \_\_\_\_\_ If yes specify: \_\_\_\_\_**

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**SPECIAL DIET INTRUCTIONS?**

**Regular: \_\_\_\_\_ Diabetic Diet: \_\_\_\_\_**

**No added salt: \_\_\_\_\_ Low fat low cholesterol: \_\_\_\_\_**

**ADULT DAY CARE provided breakfast, lunch and snacks. The Food is a regular diet and contains a minimal of salt, low cholesterol and low fat.**

**Please list all current medications including dosage and time me medication is to be taken.**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**I certify that I have reviewed the health assessment and examined this person and find him/her physically able to participate in the Adult Day Care.**

**DATE OF EXAMINATION: \_\_\_\_\_**

**SIGNATURE OF PHYSICIAN: \_\_\_\_\_**

**NAME OF THE PHYSICIAN (PRINT): \_\_\_\_\_**

**MEDICAL LICENSE #: \_\_\_\_\_**

**ADDRESS OF PHYSICIAN: \_\_\_\_\_**

**TELEPHONE: \_\_\_\_\_**